

# If You Forget Everything Else, Remember This... : Parenting in the Primary Years

Katharine Hill



Muddy Pearl

From that first angelic role in the nativity play to that first love, from broken hearts and best friendships to school bullies, life as a parent is an emotional roller coaster. And amidst the practical chaos of finding swimming goggles, making packed lunches, cleaning out the rabbit and refereeing sibling squabbles, many of us long for help, for a little wisdom to help us do the job well.

Here are bite-sized principles to help navigate this challenging season of parenting and family life – sayings to read in a few minutes while waiting for the kettle to boil, to commit to memory and draw upon at a second's notice.

So put the kettle on, make a cup of tea, turn the page, and if you forget everything else as a parent, remember *this*...

*"There are times in our parenting when we wish we could have another go – or at least there was somewhere we could go to discover help with the challenges of being a mum or a dad. Remember This oozes wisdom, practical help and above all, understanding"*

Rob Parsons DBE

Founder and Chairman of Care for the Family

## Author

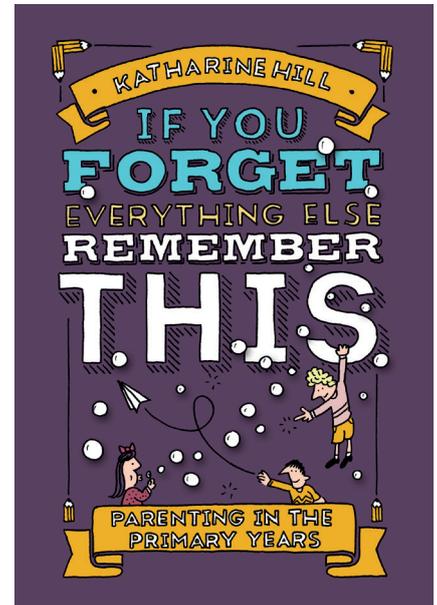
Katharine Hill is UK director for Care for the Family, and a popular speaker, writer and broadcaster. She has served as a family lawyer and as a member of the board of the International Commission for Couple and Family relations. Katharine is married to Richard and they have four grown-up children.

## Readership

- Parents of primary school age children.
- Grandparents and carers
- Care for the Family supporters.
- Christian mums, dads and their friends - those just interested in faith.

## Key Selling Points

- Uplifting humour enhanced by brilliant cartoons.
- Practical, down-to-earth advice useful to any family, and lots of understanding.
- Gives real emotional help to those waiting for healing, eg dealing with anger, disappointment, and being misunderstood.
- Ingenious practical tips for managing illness.



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